

SIMPLIFIED MENU PLAN AND PRODUCT LIST

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A leading supplier...

Brakes is one of the leading foodservice distributors supplying care homes throughout the UK. To help those of you dealing with staff shortages or skills shortages in your kitchen, we've created this simplified 1-week menu plan and recommended list of products to support it.

FOR HELP & ADVICE VISIT
BRAKE.CO.UK/CAREHOMES

MENU SUPPORT AND MENU SIMPLIFICATION



The 1-week menu plan

This simplified menu plan has been created to help care homes dealing with staff shortages or kitchen skills shortages.

The following list shows the recommended products to support the 1-week menu plan.

BREAKFAST



A 88498 Brakes Wheat Biscuits Cereal



F 5147 Brakes Sausage 12's

CEREAL		
A 84673	Brakes Oatflakes	1 x 12.5kg
A 84730	Weetabix C Pack	1 x 96
A 87395	Kelloggs Cornflakes	1 x 10kg
A 88498	Brakes Wheat Biscuits Cereal	24 x 12
A 89487	Nestle Shredded Wheat	20 x 2
A 102606	Kelloggs Cornflakes Bag Pak	4 x 500g
A 102608	Kelloggs Bran Flakes Bagpak	4 x 500g
A 102610	Kelloggs Cornflakes Bag Pak	8 x 500g
A 102611	Kelloggs Frosties Bagpak	4 x 500g
A 102615	Kelloggs Rice Krispies Bag	4 x 400g
A 102616	Weetabix A Pack	6 x 48
A 105881	Kelloggs Coco Pops	10 x 295g
A 105953	Brakes Cornflakes	8 x 500g

A 105956	Brakes Crisp Puffed Rice	8 x 600g
A 111238	Weetabix Branflakes	5 x 500g
A 111239	Ready Brek Original	6 x 450g
A 114868	Brakes Oatflakes	4 x 2kg
A 114969	Brakes Swiss Style Muesli	4 x 2kg
A 114973	Mornflake Oats	4 x 3kg
A 117811	S Oatflakes	1 x 2kg
A 118890	Quaker Oats Gluten Free Original Porridge	5 x 510g
A 119071	Go Free Crisp Rice	6 x 550g

BREAKFAST – CONTINUED



A 130706 Jacksons Medium Sliced White Bread



C 10330 Breakfast Mushrooms

TINNED FRUIT

A 89	Brakes Whole Grapefruit Segments in Light Syrup	1 x 3kg
A 94	Brakes Whole Mandarin Segments in Light Syrup	1 x 2.6kg
A 102	Whole Orange Segments in Light Syrup	1 x 3kg
A 21141	Royal Crown Whole Mandarin Segments in Light Syrup	1 x 840g
A 33624	Brakes Whole Grapefruit Segments in Light Syrup	1 x 1.25kg
A 89561	Brakes Whole Grapefruit Segments in Apple Juice	1 x 540g
A 85165	Unpitted Prunes in Juice	1 x 850g
A 85835	Brakes Pineapple Chunks in Juice	1 x 3.03kg
A 88599	Brakes Peach Slices in Fruit Juice Concentrate with Added Water	1 x 822g
A 35561	Brakes Fruit Cocktail in Juice	1 x 822g

COOKED BREAKFAST

F 5147	Brakes Sausage 12's	72 x 38g
C 70933	Breakfast Sausage Eights	24 x 57g
F 30198	Breakfast Sausage Eights	80 x 57g
F 105864	Gluten Free British Pork Sausage 8's	1 x 4.54kg
C 74997	Brakes Pork Cumberland Sausage 8's	35 x 57g
F 31848	Brakes Cooked Pork Sausage 6's	1 x 28-32 (70g)
F 3481	Prime Meats Rindless Back Bacon	1 x 2.27kg (50)
C 16481	Prime Meats British Rindless Back Bacon	1 x 2.27kg
C 70071	Brakes Rindless Back Bacon	1 x 2.27kg

C 70080	Prime Meats Catering Back Bacon	1 x 2.27kg (49)
C 70296	Prime Meats Cooked Back Bacon	1 x 500g
C 112443	Brakes Free Range Cooked Scrambled Eggs	4 x 1kg
C 74006	Cooked Scrambled Egg	2 x 1kg
C 10357	Plum Tomatoes	1 x 1.5kg

TOAST AND PRESERVE

A 130706	Jacksons Medium Sliced White Bread	6 x 800g
A 130707	Jacksons Medium Sliced Wholemeal Bread	6 x 800g
F 102444	La Boulangerie Thick Square Sliced White Loaves	8 x 800g
F 102445	La Boulangerie Thick Square Sliced Wholemeal Loaves	8 x 800g
A 2911	Hartley's Assorted Jam Portions	100 x 20g
A 33739	Brakes Mixed Fruit Jam	1 x 2.72kg
A 141	Robertsons Assorted Marmalade Portions	100 x 20g

DAIRY

C 19665	Semi Skimmed Milk UHT	12 x 1ltr
C 123027	Whole Milk UHT	12 x 1ltr
C 123028	Skimmed Milk UHT	12 x 1ltr
C 10330	Breakfast Mushrooms	1 x 1.8kg
C 74153	Brakes Margarine	1 x 2kg
C 78252	Brakes Butter Portions	6 x 100
C 115799	Brakes Organic Smooth Mango & Vanilla Yoghurt	1 x 2kg
C 115797	Brakes Organic Smooth Strawberry Yoghurt	1 x 2kg
C 115794	Brakes Organic Natural Yoghurt	1 x 2kg
C 31526	Ubley Mixed Fruit Yoghurts	12 x 150g
C 28419	Muller Assorted Yoghurts	12 x 100g

MENU SUPPORT AND MENU SIMPLIFICATION

SOUPS



A 101757 Brakes Oxtail Soup Mix

A 7721	Brakes Asparagus Soup Mix	1 x 2.25kg
A 7717	Brakes Chicken Soup Mix	1 x 2.25kg
A 33950	Brakes Leek and Potato Soup Mix	1 x 2.25kg
A 7719	Brakes Minestrone Soup Mix	1 x 2.25kg
A 5651	Brakes Mushroom Soup Mix	1 x 2.25kg
A 101757	Brakes Oxtail Soup Mix	1 x 2.25kg
A 7723	Brakes Thick Vegetable Soup Mix	1 x 2.25kg
A 7688	Brakes Tomato Soup Mix	1 x 2.25kg
A 88541	Knorr 100% Soup Carrot & Coriander	12 x 250ml
A 111598	Knorr 123 Asparagus Soup	1 x 40
A 111602	Knorr 123 Minestrone Soup	1 x 40
A 111596	Knorr Classic Cream of Leek Soup	1 x 25ptn
A 29719	Knorr Professional 100% Soup Beef Goulash	4 x 2.5kg
A 21157	Knorr Professional 100% Soup Carrot & Coriander	4 x 2.5kg
A 89274	Knorr Professional 100% Soup Chicken & Vegetable	4 x 2.5kg
A 88539	Knorr Professional 100% Soup Cream of Chicken	12 x 250ml
A 84873	Knorr Professional 100% Soup Cream of Chicken	4 x 2.5kg
A 86224	Knorr Professional 100% Soup Highland Veg	4 x 2.5kg
A 26344	Knorr Professional 100% Soup Leek & Potato	4 x 2.5kg
A 125526	Knorr Professional 100% Soup Malaysian	4 x 2.5kg
A 88542	Knorr Professional 100% Soup Minestrone	12 x 250ml
A 84870	Knorr Professional 100% Soup Minestrone	4 x 2.5kg
A 88543	Knorr Professional 100% Soup Red Pepper & Tomato	12 x 250ml

A 84869	Knorr Professional 100% Soup Red Pepper & Tomato	4 x 2.5kg
A 125525	Knorr Professional 100% Soup Thai Coco & Chicken	4 x 2.5kg
A 88538	Knorr Professional 100% Soup Tomato	12 x 250ml
A 84871	Knorr Professional 100% Soup Tomato	4 x 2.5kg
A 88540	Knorr Professional 100% Soup Wild Mushroom	12 x 250ml
A 84872	Knorr Professional 100% Soup Wild Mushroom	4 x 2.5kg
A 84781	Knorr Professional Chicken Noodle Soup	1 x 200ptn
A 84779	Knorr Professional Chicken Soup	1 x 200ptn
A 111599	Knorr Professional Chicken Soup	1 x 40
A 111592	Knorr Professional Classic Asparagus Soup	1 x 25ptn
A 111590	Knorr Professional Classic Broccoli & Stilton Soup	1 x 25ptn
A 111591	Knorr Professional Classic Carrot & Coriander Soup	1 x 25ptn
A 111597	Knorr Professional Classic Cream of Chicken Soup	1 x 25ptn
A 111589	Knorr Professional Classic Cream of Mushroom Soup	1 x 25ptn
A 111588	Knorr Professional Classic Cream of Tomato Soup	1 x 25ptn
A 111594	Knorr Professional Classic Cream of Veg Soup	1 x 25ptn
A 111595	Knorr Professional Classic Minestrone Soup	1 x 25ptn
A 84776	Knorr Professional Leek & Potato Soup	1 x 200ptn
A 111600	Knorr Professional Leek & Potato Soup	1 x 40
A 111601	Knorr Professional Lentil & Bacon Soup	1 x 40
A 84771	Knorr Professional Mushroom Soup	1 x 200ptn
A 111603	Knorr Professional Mushroom Soup	1 x 40ptn
A 84782	Knorr Professional Oxtail Soup	1 x 200ptn
A 84773	Knorr Professional Thick Vegetable Soup	1 x 200ptn
A 111604	Knorr Professional Thick Vegetable Soup	1 x 40ptn
A 84777	Knorr Professional Tomato Soup	1 x 200ptn
A 111605	Knorr Professional Tomato Soup	1 x 40ptn

MAIN DISH



F 32388 M&J Seafood Beer Battered MSC Cod Fillets

FISH DISH

F 30308	Brakes Pasta Tuna Bakes	2 x 1.36kg
F 32388	M&J Seafood Beer Battered MSC Cod Fillets (skin on, boneless)	18 x 170-200g
F 118144	MSC Battered Oven Cod Fillets	30 x 170-200g
F 3270	MSC Breaded Haddock Fillets (skinless, boneless)	45 x 85-110g
F 32552	M&J Seafood MSC Cod Fish Fingers	120 x 25g
F 3261	M&J Seafood Breaded Plaice Fillets (skin on, boneless)	25 x 140-170g
F 3264	M&J Seafood MSC Breaded Cod Fillets	25 x 140-170g
F 3270	MSC Breaded Haddock Fillets (skinless, boneless)	45 x 85-110g
F 31156	M&J Seafood Cod & Pancetta Fish Cakes	25 x 90g
F 31387	M&J Seafood Battercrisp MSC Alaska Pollack Fillets (skinless, boneless)	24 x 110-140g
F 31388	M&J Seafood Battercrisp MSC Alaska Pollack Fillets (skinless, boneless)	20 x 140-170g
F 31419	M&J Seafood Salmon & Broccoli fish cakes	20 x 110g

PORK DISH

F 3675	Brakes Cooked Pork Meatballs	225 x 12g
F 30276	Brakes Meatballs in Tomato Sauce	2 x 1.36kg
C 110947	Brakes British Pork & Beef Meatballs	3 x 18 x 30g
F 5147	Brakes Sausage 12's	72 x 38g
F 30198	Breakfast Sausage Eights	80 x 57grms
F 31848	Brakes Cooked Pork Sausage 6's	1 x 28-32 (70g)
F 105864	Gluten Free British Pork Sausage 8's	1 x 4.54kg
F 30602	Brakes Sliced Roast Pork in Gravy	2 x 1.19kg
F 122518	Brakes Pulled Pork Bake	1 x 36

POULTRY DISH

F 31637	Brakes Sweet & Sour Chicken	2 x 1.36kg
F 30267	Brakes Chicken Casserole	2 x 1.36kg
F 1071	Brakes Chicken Korma	2 x 1.36kg
F 1175	Brakes Chicken Tikka Masala	2 x 1.36kg
F 2028	Brakes Boneless Chicken Kievs	12 x 170g
F 109909	Brakes Breaded Chicken Fillets Katsu Style	20 x 90-105g
F 3699	Brakes Chicken Tikka Savoury Slices	40 x 130g
F 3730	Brakes Chicken & Ham Savoury Slices	40 x 132g
F 9338	Pukka-Pies Chicken & Mushroom Pie	12 x 227g

RED MEAT DISH

F 30278	Brakes Lancashire Hotpot	2 x 1.36kg
F 30290	Brakes Welsh Lamb Shepherd's Pie	2 x 1.36kg
F 30272	Brakes Braised Beef With Mushrooms	2 x 1.36kg
F 30287	Brakes Cottage Pie	2 x 1.36kg
F 31638	Brakes Chilli Con Carne	2 x 1.36kg
F 30852	Brakes Minced Beef & Onion Pie	12 x 230g
F 32250	Pukka-Pies All Steak Pies	12 x 227g
F 30847	Brakes Steak & Kidney Pie	12 x 227g
F 30850	Brakes Chicken & Mushroom Pie	12 x 230g
F 32737	Brakes Steak & Onion Slices	40 x 130g
F 1264	Brakes Lasagne Alforno	1 x 3.31kg
F 1299	Brakes Lasagne Classico	2 x 1.92kg
F 30596	Brakes Pasta Bolognese	2 x 1.36kg
F 30599	Brakes Sliced Roast Beef in Gravy	2 x 1.19kg

VEGETARIAN DISH

F 31639	Brakes Vegetable Tikka Masala	2 x 1.36kg
F 31919	Brakes Potato, Cheese, Onion & Leek Bake	2 x 1.36kg
F 31962	Brakes Vegetable Hotpot	2 x 1.36kg
F 32563	Brakes Spinach & Ricotta Cannelloni	2 x 1.4kg
F 32929	Brakes Vegetable Lasagne Verdi 12 x 400g	12 x 400g
F 31962	Brakes Vegetable Hotpot	2 x 1.36kg
F 30034	Brakes Broccoli and Cheese Bake	2 x 1.36kg
F 31919	Brakes Potato, Cheese, Onion & Leek Bake	2 x 1.36kg
F 31622	Brakes Three Bean Chilli	2 x 1.36kg
F 30279	Brakes Vegetable Lasagne Verdi	2 x 1.36kg
F 33014	Brakes Cheese & Tomato Pasta Bakes	2 x 1.34kg
F 30283	Brakes Macaroni Cheese	2 x 1.36kg
F 119625	Brakes Three Cheese Macaroni	14 x 400g

VEGETABLES



F 30927 Brakes Supersweet Half Cut Corn on the Cob

F 4782	Brakes Sweetcorn	1 x 2.5kg
F 4753	Brakes Choice Garden Peas	1 x 2.5kg
F 4748	Brakes Broccoli Florets	1 x 2kg
F 4768	Brakes Cauliflower florets	1 x 2.5kg
F 4760	Brakes Fine Whole Green Beans	1 x 2.5kg
F 4789	Brakes Mixed Vegetables	1 x 2.5kg
F 30927	Brakes Supersweet Half Cut Corn on the Cob	1 x 12
F 3840	Brakes Whole Leaf Spinach Portions	1 x 2.5kg
F 129517	Ardo Mexican Roasted Corn	1 x 1kg
F 4771	Brakes Shredded Savoy Cabbage	1 x 1.5kg
F 4800	Brakes Sliced Mushrooms	1 x 1.5kg
F 4743	Brakes Asparagus Spears	1 x 1kg
F 30655	Brakes Chunky Roasting Vegetable Mix	1 x 1.5kg
F 30715	Brakes Carrot and Swede Baton Mix	1 x 1.5kg
F 30501	Brakes Diced Onions	1 x 1.5kg
F 4794	Brakes Diced Mixed Peppers	1 x 1.5kg
F 4793	Brakes Sliced Mixed Peppers	1 x 1.5kg
F 33563	Brakes Mushy Processed Peas	1 x 2.61kg
F 186	Brakes Baked Beans in Tomato Sauce	1 x 2.62kg
F 4740	Brakes British Roasting Parsnips	1 x 1.5kg

CARBS



F 31304 Brakes Rice and Vegetable Mix

F 31304	Brakes Rice and Vegetable Mix	1 x 1.5kg
F 30808	Brakes Basmati Rice Portions	30 x 200g
F 3798	Brakes Pilau Rice Portions	36 x 167g
F 32912	Brakes Dressed Penne Pasta	24 x 200g
F 34415	Cooked Frozen Penne Pasta (Quills)	4 x 2.5kg
A 14403	Brakes Italian Penne Pasta	6 x 500g
F 32913	Brakes Dressed Linguine Pasta	24 x 200g
A 123388	Brakes Italian Linguine	1 x 5kg
A 123384	Brakes Italian Short Cut (10") Spaghetti	1 x 5kg
F 36143	Brakes Hash Browns	1 x 2.5kg
F 3945	Brakes Mashed Potato	1 x 2.5kg
F 30080	Brakes Seasoned Herby Potato Dice	1 x 2.5kg
F 111086	Lutosa Potato Gratin Dauphinoise	1 x 2.5kg
F 3939	Brakes 35 Baked British Jacket Potatoes Medium	1 x 35
F 4625	Brakes Basic Grade Roasting Potatoes	1 x 2.5kg
F 3919	Brakes Potato Croquettes	1 x 2.5kg
F 3894	Brakes Medium Cut Chips 7/16	6 x 2.5kg
F 110934	Brakes Random Cut Skin on Chips	4 x 2.5kg
F 30084	Brakes Seasoned Wedge Fries	1 x 2.5kg
F 121197	Crops Tabbouleh	1 x 2.5kg
F 31559	Brakes Mashed Potato with Cracked Black Pepper	1 x 2.5kg
F 120502	Brakes Crispy Coated Roasting Potatoes	1 x 2.5kg
F 31560	Brakes Potato, Swede & Carrot Mash	1 x 2.5kg

MENU SUPPORT AND MENU SIMPLIFICATION

TEA-DELI



C 70161 Brakes Coronation Chicken Savoury Filling



F 32778 M&J Seafood Scottish MSC Mackerel Fillets

READY MADE FILLINGS OR TOPPINGS		
C 130711	Vegan Coronation Chick Pea	1 x 1kg (20 ptn)
C 74544	Brakes Free Range Egg Mayonnaise Savoury Filling	1 x 1kg (20 ptn)
C 70169	Brakes Tuna Mayonnaise Savoury Filling	1 x 1kg (20 ptn)
C 70161	Brakes Coronation Chicken Savoury Filling	1 x 1kg (20 ptn)
C 70163	Brakes Chicken Tikka Mayonnaise Savoury Filling	1 x 1kg (20 ptn)
C 70333	Brakes Creamy Roast Beef & Horseradish Savoury Filling	1 x 1kg (20 ptn)
C 74650	Brakes Chicken, Bacon & Sweetcorn Savoury Filling	1 x 1kg (20 ptn)
C 113540	Brakes New York Style Pastrami Savoury Filling	1 x 1kg
C 70146	Brakes Double Cheese & Onion Savoury Filling	1 x 1kg (20 ptn)
C 128863	Love Fresh Marinated Chicken Tikka	1 x 1kg
CHEESE		
C 71268	Brakes Grated Mature White Cheddar	1 x 1kg
C 71731	Brakes Mature White Cheddar Cheese Slices	1 x 500g (25 slices)
C 71776	Brakes Low Fat Soft Cheese	1 x 2kg
C 119294	Laughing Cow Nutrient Fortified	1 x 1kg
C 70330	Brakes Brie Slices	1 x 640g (32 slices)
C 33603	Brakes Mixed Cheese Portions	50 x 20g

FISH		
F 30815	M&J Seafood Small Cold Water Prawns	1 x 1.5kg nett (275-375/lb)
C 74816	Brakes Smoked Mackerel Pâté	1 x 1kg (20 ptn)
F 32778	M&J Seafood Scottish MSC Mackerel Fillets (skin on, pin bone in)	18 x 72-117g nett
F 121219	M&J Seafood Sliced Smoked Salmon (skinless, boneless)	1 x 250g
SLICED MEATS		
A 126780	Brakes Corned Beef	6 x 340g
C 29189	Brakes Sliced Cooked Chicken	1 x 454g (av. 35 slices)
C 70165	Brakes Sliced Cooked Chicken Breast	1 x 1kg (20 ptn)
C 74867	Brakes Carvery Cut Cooked Ham	1 x 454g (av. 9 slices)
F 117361	Brakes Cooked Chicken Breast Strips	1 x 2.5kg
F 30672	Brakes Cooked Chargrilled Chicken Breast Fillets	24 x av. 70g
F 2021	Brakes Cooked Chicken Tikka Breast Strips	1 x 1kg
C 74820	Brakes Sliced Roast Scotch Beef Topside	1 x 454g
C 70307	Chorizo Slices	6 x 300g
C 70306	Sliced Danish Salami Smoked and Dried	4 x 250g

TEA-DELI – CONTINUED



C 74890 Brakes Pesto, Spinach & Pine Nut Pasta



C 70128 Brakes 10" Fully Baked Quiche Lorraine

READY MADE SALADS

C 11213	Brakes Houmous	1 x 1kg tub
C 71199	Brakes Coleslaw	1 x 2kg (40 ptn)
C 112411	Brakes Black Rice, Quinoa & Ginger Salad	1 x 1kg (20 ptn)
C 129204	Brakes Supergreen & Quinoa Salad	1 x 1kg
C 74683	Brakes Fruity Moroccan Couscous Salad	1 x 2kg (40 ptn)
C 71203	Brakes Spicy Tomato Pasta Salad	1 x 2kg (40 ptn)
C 71193	Brakes Caesar Pasta Salad	1 x 2kg (40 ptn)
C 71195	Brakes Provençale Bean Salad	1 x 2kg (40 ptn)
C 77817	Brakes Potato Salad	1 x 2kg (40 ptn)
C 74855	Brakes Orzo Pasta with Roasted Tomatoes	1 x 2kg (40 ptn)
C 74890	Brakes Pesto, Spinach & Pine Nut Pasta	1 x 2kg (40 ptn)
C 71505	Brakes Tuna & Pasta Salad	1 x 2kg (40 ptn)
C 71868	Brakes Chinese Noodle Salad	1 x 2kg (40 ptn)
C 74157	Brakes Biryani Rice Salad	1 x 2kg (40 ptn)
C 123341	Brakes Gluten Free Vegan Pasta Salad	1 x 1kg
C 129204	Brakes Supergreen & Quinoa Salad	1 x 1kg
C 74855	Brakes Orzo Pasta with Roasted Tomatoes	1 x 2kg (40 ptn)
C 71505	Brakes Tuna & Pasta Salad	1 x 2kg (40 ptn)
C 71390	Brakes Mediterranean Feta and Cous Cous	1 x 1kg (20 ptn)

PASTRY AND QUICHE

F 32694	Brakes Fully Baked Tomato & Cheese Quiche Slabs	4 x 1kg
C 70128	Brakes 10" Fully Baked Quiche Lorraine	1 x 12 ptn
F 128028	Brakes 11" Fully Baked Caramelised Onion, Mature Cheddar & Red Leicester Cheese Quiche	1 x 1
F 3014	Buffet Savoury Eggs	1 x 50
F 495	Pukka-Pies Jumbo Sausage Roll (wrapped)	12 x 170g
F 129390	Lewis Pies Halal Beef Sausage Roll 5" Baked & Wrapped	1 x 40
F 34490	Brakes Jumbo Sausage Roll	18 x 150g
F 32407	Brakes 1 1/2" Fully Baked Buffet Pork Sausage Rolls	48 x 26g
F 3877	Brakes Cheese, Potato and Onion Pasty	20 x 127g

DESSERTS



F 32054 Brakes Baked New York Style Vanilla Cheesecake



F 34731 Brakes Lemon & Orange Syrup Sponge Puddings

F 4219	Brakes Fruit Cocktail Trifles	1 x 24
F 32054	Brakes Baked New York Style Vanilla Cheesecake	1 x 1
F 33346	Brakes Profiteroles with Chocolate Sauce	1 x 96
F 34600	Brakes Mandarin Cheesecake Whole	1 x 1 (16 ptn)
F 52155	Brakes Individual Strawberry Cheesecakes	1 x 24
F 102649	Brakes Raspberry Pavlova Whole	1 x 1 (12 ptn)
F 113179	Brakes Gluten Free Baked NY Cheesecake	1 x 14 ptn
F 3694	Brakes Coffee Mandarin Gateau Pre-cut	1 x 18 ptn
F 3695	Brakes Blackforest Gateau Pre-Cut	1 x 18 ptn
F 3696	Brakes Strawberry Gateau Pre-Cut	1 x 18 ptn
F 4156	Brakes Chocolate Fudge Cake Pre-Cut	1 x 16 ptn
F 4340	Brakes Catering Tangy Lemon Cake	1 x 1 (18 ptn)
F 4343	Brakes Black Forest Gateau	1 x 1 (18 ptn)
F 4345	Brakes Strawberry Gateau	1 x 1 (18 ptn)
F 4346	Brakes Coffee Mandarin Gateau	1 x 1 (18 ptn)
F 30623	Brakes Mile High Chocolate Gateau	1 x 14 ptn
F 4195	Brakes Treacle Roly Poly Pudding	4 x 14 ptn
F 4196	Brakes Spotted Dick Roly Poly Pudding	4 x 14 ptn
F 4197	Brakes Jam Roly Poly Puddings	4 x 14 ptn
F 30337	Brakes Jam Sponge Puddings	1 x 12
F 32971	Brakes Sticky Toffee Puddings	1 x 12

F 34731	Brakes Lemon & Orange Syrup Sponge Puddings	1 x 12
F 3865	Brakes Lemon Meringue Pie	1 x 14 ptn
A 100192	Crosse & Blackwell Rice Pudding	1 x 2.61kg
F 4139	Brakes Sherry Trifle	1 x 10 ptn
F 30300	Brakes Bread & Butter Puddings	1 x 12
F 53318	Brakes Chocolate Ice Cream Sponge Roll	1 x 3 rolls
F 30637	Brakes Apple Crumbles	2 x 1.10kg
F 102649	Brakes Raspberry Pavlova	1 x 1 (12 ptn)

MENU SUPPORT AND MENU SIMPLIFICATION

SNACKS



F 3681 La Boulangerie Fully Baked Plain Scones

F 4071	La Boulangerie Jam Tarts	72 x 27g
F 33544	La Boulangerie Butter Flapjack	2 x 990g
F 32379	Brakes Chocolate Eclairs	30 x 35g
F 32817	La Boulangerie Mini Chocolate Eclairs	1 x 72
F 55775	Brakes Carrot Cake	1 x 14ptn
F 32122	La Boulangerie Victoria Sponge	1 x 14 ptn
F 3681	La Boulangerie Fully Baked Plain Scones	50 x 61g
F 3687	La Boulangerie Fully Baked Sultana Scones	50 x 61g
F 33040	La Boulangerie Round Crumpets	6 x 6 x 50g
A 1475	Brakes Mini Pack Sweet Biscuits	1 x 100, 3 biscuits per pack
C 11134	Brakes Mixed Cheese Portions	50 x 40g
C 33603	Brakes Mixed Cheese Portions	50 x 20g
A 1154	Jacobs Cream Crackers Mini Packs	1 x 168
A 127729	McVitie's Fig Rolls	12 x 200g
A 129033	Hill Fig Roll	12 x 200g

HYDRATION



A 33701	Brakes Double Strength Orange Squash	1 x 5ltr
A 87047	Brakes Double Strength Blackcurrant Squash	1 x 5ltr
A 84909	Robinsons Double Concentrate Lemon Squash (No Added Sugar)	2 x 1.75ltr
A 102243	Brakes Double Strength Summer Fruits Squash No Added Sugar	1 x 5ltr
A 522	Typhoo 1100 Tea Single Serve Teabags	1 x 1100
A 5733	PG Tips 1100 One Cup Catering Tea Bags	1 x 1100
A 486	Nescafé Original Instant Coffee Powder Tin	1 x 750g
A 511	Cadbury Instant Hot Chocolate	1 x 1kg
A 1791	Nescafé Gold Blend Instant Coffee	1 x 750g
A 28835	Galaxy Instant Hot Chocolate Sachet	1 x 50
A 28502	Ovaltine Original	1 x 800g
A 505	Horlicks The Original Malted Milk Drink Traditional	1 x 2kg

1 WEEK SIMPLIFIED MENU PLAN

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			EARLY MORNING			
Tea/Coffee	Tea/Coffee	Tea/Coffee	Tea/Coffee	Tea/Coffee	Tea/Coffee	Tea/Coffee
			BREAKFAST			
Cereals Porridge Toast & preserves Grapefruit segments	Cereals Porridge Toast & preserves Orange segments	Cereals Porridge Toast & preserves Prunes	Cereals Porridge Toast & preserves Melon	Cereals Porridge Toast & preserves Peach slices	Cereals Porridge Toast & preserves Pineapple	Cereals Porridge Toast & preserves Fruit salad
Grilled bacon & tomatoes	Scrambled eggs & toast	Mushrooms on toast	Boiled eggs & toast	Grilled bacon & mushrooms	Kippers & tomatoes	Cooked breakfast
			MID MORNING			
Tea/Coffee/Squash Fruit Chocolate cookie	Tea/Coffee/Squash Fruit Blueberry muffin	Tea/Coffee/Squash Fruit Shortbread	Tea/Coffee/Squash Fruit Doughnut	Tea/Coffee/Squash Fruit Hot cross bun	Tea/Coffee/Squash Fruit Millionaire shortbread	Tea/Coffee/Squash Fruit Danish assortment
			LUNCH			
FISH DISH	PORK DISH	POULTRY DISH	RED MEAT DISH	FISH DISH	POULTRY DISH	Roast beef & Yorkshire pudding
VEGETARIAN DISH	VEGETARIAN DISH	VEGETARIAN DISH	VEGETARIAN DISH	VEGETARIAN DISH	VEGETARIAN DISH	VEGETARIAN DISH
Rice 2 seasonal vegetables Lemon meringue pie	Chips 2 seasonal vegetables Rice pudding with apricot puree	Mashed potatoes 2 seasonal vegetables Fruit trifle	2 seasonal vegetables Bread & butter pudding	Chips or new potatoes 2 seasonal vegetables Arctic roll and red berries	Mashed potatoes 2 seasonal vegetables Fruit crumble & custard	Roast & mashed potatoes Carrots, swede, peas Raspberry pavlova
			MID AFTERNOON			
Tea/Coffee/Squash Fruit Jam tart	Tea/Coffee/Squash Fruit Flapjack	Tea/Coffee/Squash Fruit Chocolate éclair	Tea/Coffee/Squash Fruit Carrot cake	Tea/Coffee/Squash Fruit Victoria sponge	Tea/Coffee/Squash Fruit Fruit scone	Tea/Coffee/Squash Fruit Crumpet
			EVENING MEAL			
Fruit juice Assorted Sandwiches Soup of the day	Fruit juice Assorted Sandwiches Soup of the day	Fruit juice Assorted Sandwiches Soup of the day	Fruit juice Assorted Sandwiches Soup of the day	Fruit juice Assorted Sandwiches Soup of the day	Fruit juice Assorted Sandwiches Soup of the day	Fruit juice Assorted Sandwiches Soup of the day
Poached eggs on toast Various fillings Grilled tomatoes Fruit & jelly	Jacket potatoes Various fillings Salad Syrup sponge & custard	Omelette Various fillings Salad Mandarin cheesecake	Salmon & haddock fish cakes	Beans on toast Salad Crème caramel	Quiche Tomato salad Egg custard tart	Toasted sandwiches Various fillings Salad Ice cream sundae
			SUPPER			
Tea/Coffee/Squash Yoghurt	Tea/Coffee/Squash scone	Tea/Coffee/Squash Toast	Tea/Coffee/Squash Crumpets	Tea/Coffee/Squash Cheese & crackers	Tea/Coffee/Squash Toasted teacake	Tea/Coffee/Squash Biscuits
			LATE EVENING			
Hot milky drink	Hot milky drink	Hot milky drink	Hot milky drink	Hot milky drink	Hot milky drink	Hot milky drink

DISH TYPE

